

# -FALL MENU-

## -Salads-

### **Harvest Salad**

*Mixed greens, roasted pumpkin seeds, butternut squash, pecans*

*Served with a parsley tarragon vinaigrette*

### **Roasted Beet**

*Arugula, roasted red and golden beets, candied walnuts, goat cheese,*

*Served with lemon rosemary vinaigrette*

### **Poached Pear**

*Arugula, pears poached in red wine, bleu cheese, candied walnuts*

*Served with white balsamic vinaigrette*

### **Kale Superfood**

*Kale, spinach, cranberries, almonds, sunflower seeds, avocado*

*Served with poppy seed dressing*

### **Fig and Arugula**

*Arugula, figs, pistachio, goat cheese, prosciutto, balsamic vinaigrette*

**-Main Course-**

**Root Vegetable Quinoa**

*Roasted beets, carrots, parsnips, sweet potato, and cauliflower with rosemary, Red wine, and fresh herbs. Served over quinoa, topped with balsamic glaze*

**Roasted Pork Tenderloin**

*Roasted pork tenderloin seasoned with rosemary and garlic, Topped with apple chutney and balsamic glaze*

**Coq Au Vin**

*Stewed chicken with red wine, pearl onions, mushrooms, and fresh herbs*

**Seared Lamb Chops**

*Seared and roasted lamb rib chops seasoned with rosemary and dried porcini mushroom, served with red wine reduction*

**Roasted Carrot and Ginger Soup**

*Roasted Carrots, ginger, coconut milk, sage and olive oil*

**Tuscan White Bean Soup**

*Cannellini beans, kale, sausage, garlic, rosemary, and tofu in a rich vegetable broth*

**-On the Side-**

**Roasted beets**

*Roasted red and golden beets, arugula, pine nuts, and fresh herbs  
Topped with olive oil and balsamic vinegar*

**Parsnips and Potatoes**

*Parsnips, potatoes, and sweet potatoes roasted with olive oil and fresh herbs*

**Crispy Brussel Sprouts**

*Halved Brussel sprouts seasoned with salt, pepper, and olive oil then broiled until  
crispy and tossed with caramelized onions, bacon, cranberries and balsamic glaze*

**Stuffing**

*Classic holiday stuffing with sage, rosemary, and sausage*

**Roasted Carrots**

*Gourmet baby carrots roasted in olive oil, garlic, parsley, and balsamic*

**Redskin Mashed Potatoes**

*Baby red skin mashed potatoes with butter, sour cream, and chives*

**Fingerling Potatoes**

*Roasted fingerling potatoes with, butter, parsley, and scallions*

**Parmesan Risotto**

*Classic risotto with parmesan cheese*